

2025 RNR Participant T-shirts measurement chart

Men

USA	BODY LENGTH	1/2 CHEST WIDTH	ACROSS SHOULDER	NECK WIDTH	FRONT NECK DEEP	SLEEVE LENGTH	ARMHOLE	CUFF OPENING	(cm)
tolerance	±2cm	±2cm	±2cm	±1cm	±1cm	±1cm	±1cm	±1cm	
XS	66.0	50.8	45.0	20.0	10.5	19.0	22.0	16.0	
S	68.6	53.3	48.0	20.5	11.0	20.0	23.0	17.0	
M	71.0	56.0	50.0	21.0	12.0	21.0	24.0	18.0	
L	73.6	57.0	52.0	21.0	12.0	22.0	25.0	19.0	
XL	78.7	63.5	56.0	22.0	13.0	23.0	26.0	20.0	
XXL	80.0	68.6	60.0	22.0	13.0	24.0	27.0	21.0	
XXXL	82.0	71.0	62.0	22.0	13.0	25.0	28.0	22.0	

Women

USA	BODY LENGTH	1/2 CHEST WIDTH	ACROSS SHOULDER	NECK WIDTH	FRONT NECK DEEP	SLEEVE LENGTH	ARMHOLE	CUFF OPENING	(cm)
tolerance	±2cm	±2cm	±2cm	±1cm	±1cm	±1cm	±1cm	±1cm	
XS	64.0	44.0	35.0	19.0	11.0	15.5	18.0	13.0	
S	66.0	46.0	37.5	20.0	11.0	16.5	19.0	14.0	
M	68.0	48.0	39.0	20.0	12.0	17.5	20.0	15.0	
L	70.0	50.0	40.5	21.0	12.0	18.0	21.0	16.0	
XL	72.0	52.0	42.0	21.0	13.0	19.0	22.0	17.0	
XXL	74.0	54.0	43.5	22.0	13.0	19.5	23.0	18.0	
XXXL	76.0	56.0	45.0	22.0	13.0	20.5	24.0	19.0	

